

2007 -2009 First Year PjBL Effectiveness

- Defining and explaining Self-Efficacy
- Authentic experience as central cause of self-efficacy
- MIT freshman Project-Based Learning
- Evidence of the value of first year practice

Methods and the 2009-2010 Early PjBL Pilot Study

- Models of entrepreneurial desirability & intention
- CDIO syllabus as origin of task items
- Eleven point response structure
- Self-efficacy, Desirability and Intentional Behavior

Background to Year MIT Experiment

- MIT Task Force on the Undergraduate Curriculum conducted year-long review of its General Institute Requirements, what is required for all undergraduates.
- Conclusion: Whatever other approaches are taken in the 4-year engineering curriculum, the essence of engineering - the iterative process of designing, building, and testing - should be taught in the first year.
- The same principle was believed to apply to many sciences, urban planning, architecture and other fields of study.
- Faculty votes to support three year experiment to study effects of project learning.



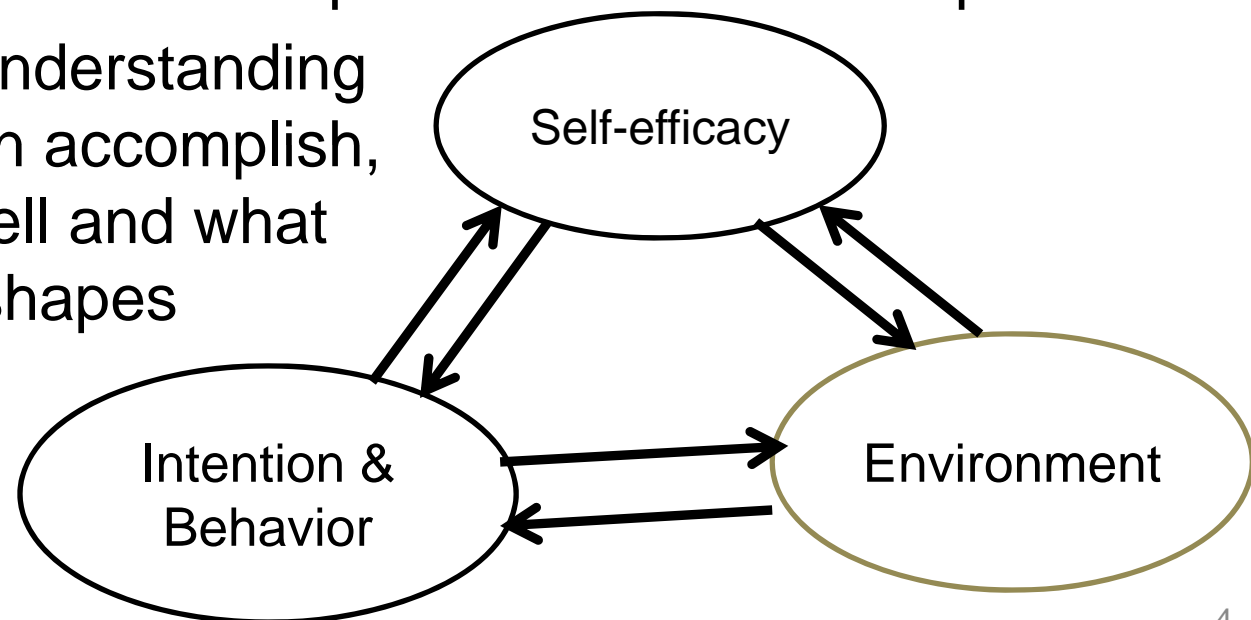
- Funding for teaching assistants and materials were provided for five new freshman courses:
 - Urban studies
 - Energy
 - Mechanical engineering
 - Bio-engineering
 - And two in electrical engineering and computer science.
- Existing PjBL engineering subjects for freshman already offered by Aero/Astro and Earth Sciences were continued.
- And a strong assessment plan was developed.

Assessment Team Decided to Focus on Self-Efficacy & Behavior

“Perceived self-efficacy refers to belief’s in one’s capabilities to organize and execute the courses of action required to produce given attainments.” Bandura (1997, p.3)

Central to self-regulation and human agency

- We observe our behaviors, so the tasks we attempt and how well we perform them shapes our view of our capacities.
- An informed understanding of what we can accomplish, what we do well and what we do badly, shapes our interests and behavior.



Self-efficacy Develops in a Process of Differentiation

Self-efficacy is **not** general Self-confidence or Self-esteem

- Personality traits are often measured by non-specific items (e.g., “Most of the things I try I do successfully”).
- They are generally poor predictors of behavior.
- Self-efficacy is domain specific, and the items used to measure it are about actions specific to each context.

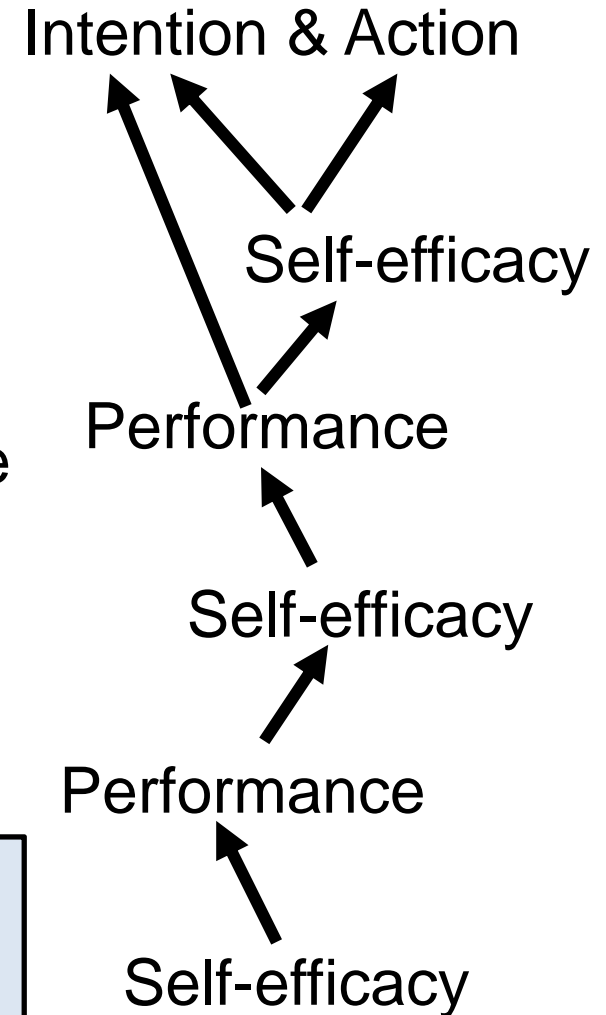
Differentiation begins at an early age

- By 7th grade, we have already developed highly diverse and separate judgments about our abilities for math, English, athletics, art and many other areas.
- Areas of higher self-efficacy become areas of leading interests, are pursued, and shape career intention.

Self-Efficacy as a Platform

- With successful performance of tasks, self-efficacy increases and performance at one level encourages the individual to take on tasks of greater difficulty, which increases self-efficacy further.
- Low self-efficacy discourages performance, and leads to the avoidance of challenging tasks.
- One pursues what one does well. If you do many things well, you pursue what you do best

Note: a specific self-efficacy is often a rough indicator of actual capability.



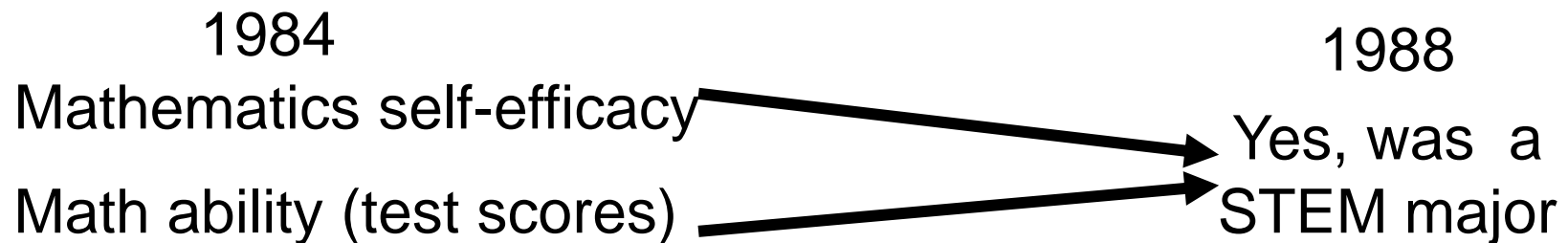
Self-efficacy is often as important as actual ability

- Mathematics self-efficacy is known to be persistent predictor of science, engineering and math careers.
- A national study of 24,599 high school students in 1984 found 2500 students intending to pursue STEM careers.
 - As part of the study they were asked about their confidence that they could perform a long series of mathematical operations without actually doing so.
 - Providing a measure of math self-efficacy.
 - Data on their performance on standardized math tests were added to their survey data.
 - Providing a baseline of both mathematics self-efficacy and actual ability on standardized tests.

Measuring Math Self-efficacy Impact on STEM Careers

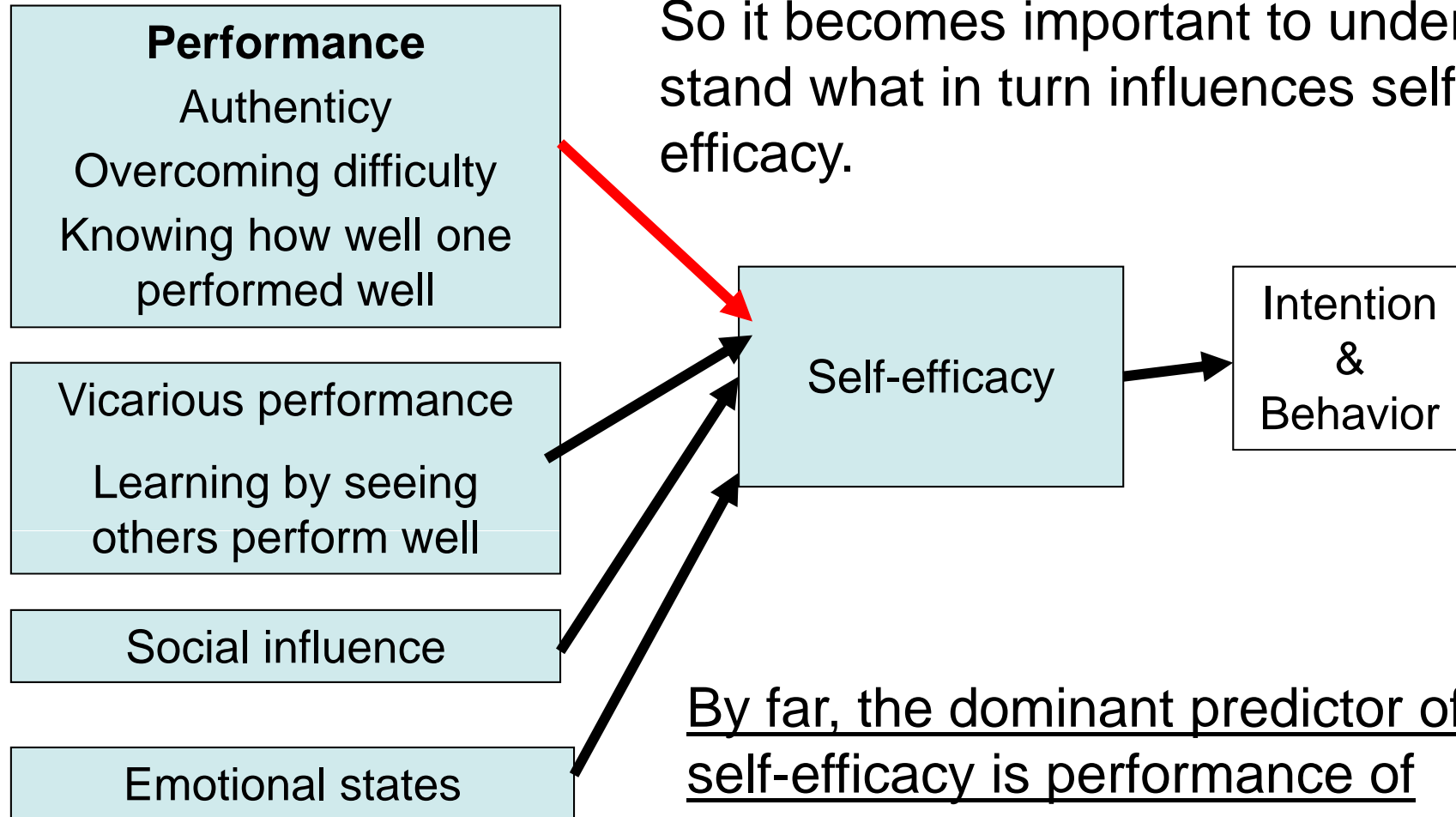
Self-efficacy is often as important as actual ability

- The students were located again in 1988 and asked if they were enrolled in STEM majors, and information gathered on decision points in their academic careers since 1984.
- The data were then modeled to determine their relative predictive power.



- The predictive power of self-efficacy and test scores was roughly equal, largely because of self-limiting career decisions. Self-efficacy was as important as actual ability.
- Weak math self-efficacy was a major factor explaining why young women do not pursue STEM careers.

Bandura's Predictors of Self-efficacy



So it becomes important to understand what in turn influences self-efficacy.

By far, the dominant predictor of self-efficacy is performance of authentic tasks.

The Effect of UK Industry Experience Exploring the Role of Authenticity

<u>Type of work experience</u>	<u>Perceived self-efficacy for technology (N)</u>	
No work experience in prior year	53.1%	(88)
University, other educational organization	52.9%	(23)
Government organizations and nonprofits	53.8%	(47)
Industry or business organizations	55.4%	(249)
Total	54.1%	(407)

- Result first found in pilot survey of 150 engineering students.
- Confirmed six months later in study of 1,900 undergraduates at the four British universities.
- Because of the pilot, we were prepared for the outcome, and had included questions about the nature of their work

Relative Importance of Elements of Background and Work Experience

Using regression analysis on technology self-efficacy to establish relative importance of work experience factors

<u>Activity</u>	<u>beta</u>	<u>t values</u>
Men	.226	3.808***
Father runs his own business	.088	1.492 n.s.
Rotated through departments	.106	1.763 [◇]
Authentic, close to studies	.225	3.155**
Difficulty of work performed	.127	1.810 [◇]
How well work was performed	.121	2.004*

R² change = 12.1%; df = 4, 235; F change = 8.841; p < .001
df = 6, 235; F = 9.358, p < 001;

***p<.001, **p<.01, *p<.05, [◇]p<.1, n.s. = Not significant

The Effect of UK Industry Experience Measuring Technology Self-efficacy

- Format can vary. Bandura uses wide, 11 point range that provides for long term improvement over university career.
- Items co-mingled with other topics to minimize response set.

“How confident are you that can....”

**Not at all
confident**

**Completely
confident**

0%

50%

100%

0 1 2 3 4 5 6 7 8 9 10

Convert a scientific advance into a practical application.

Develop your own original hypothesis with plan to test it.

Grasp limits of a technology to see the best ways to use it.

Design & build something new that performs to specification.

Lead a technical development team to a successful result.

Teaming Self-efficacy Items

How confident are you that you can:

**Not at all
confident**

**Completely
confident**

0%

50%

100%

0 1 2 3 4 5 6 7 8 9 10

- Give constructive criticism to a team member who is not performing well.
- Motivate others to work long hours to meet a deadline.
- Facilitate a group with members who strongly disagree so the group can reach a successful project solution.

Alpha coefficient of scale reliability = .92

Pre-collegiate build/
create experiences
August 2007 (T₀)

Technology
self-efficacy
August 2007 (T₀)

Team skills
self-efficacy
August 2007 (T₀)

Freshman PCL course with engineering focus

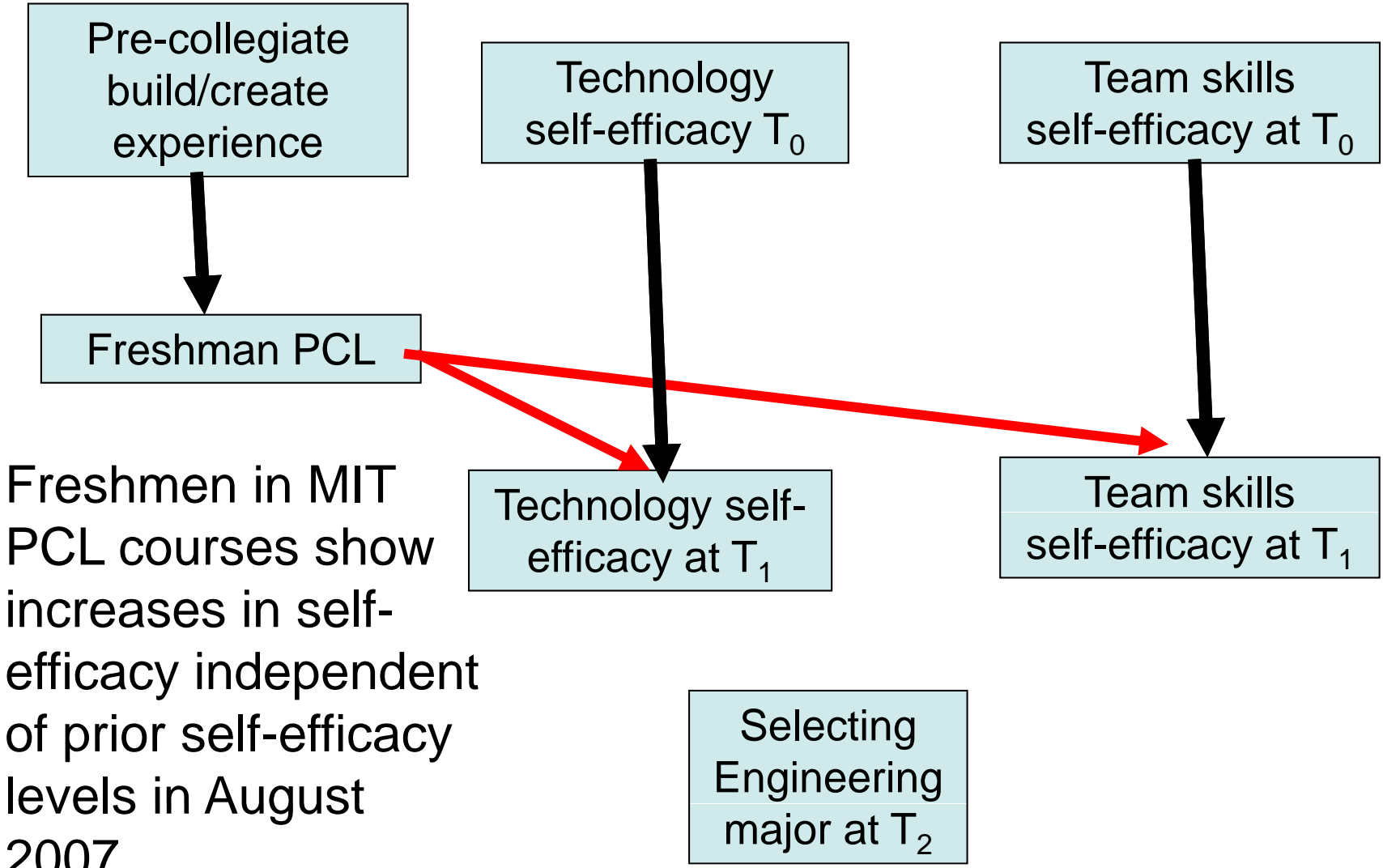
Technology
self-efficacy
May 2008 (T₁)

Team skills
self-efficacy
May 2008 (T₁)

Design set up with
controls for having
prior project experience
and pre-existing levels
of self-efficacy.

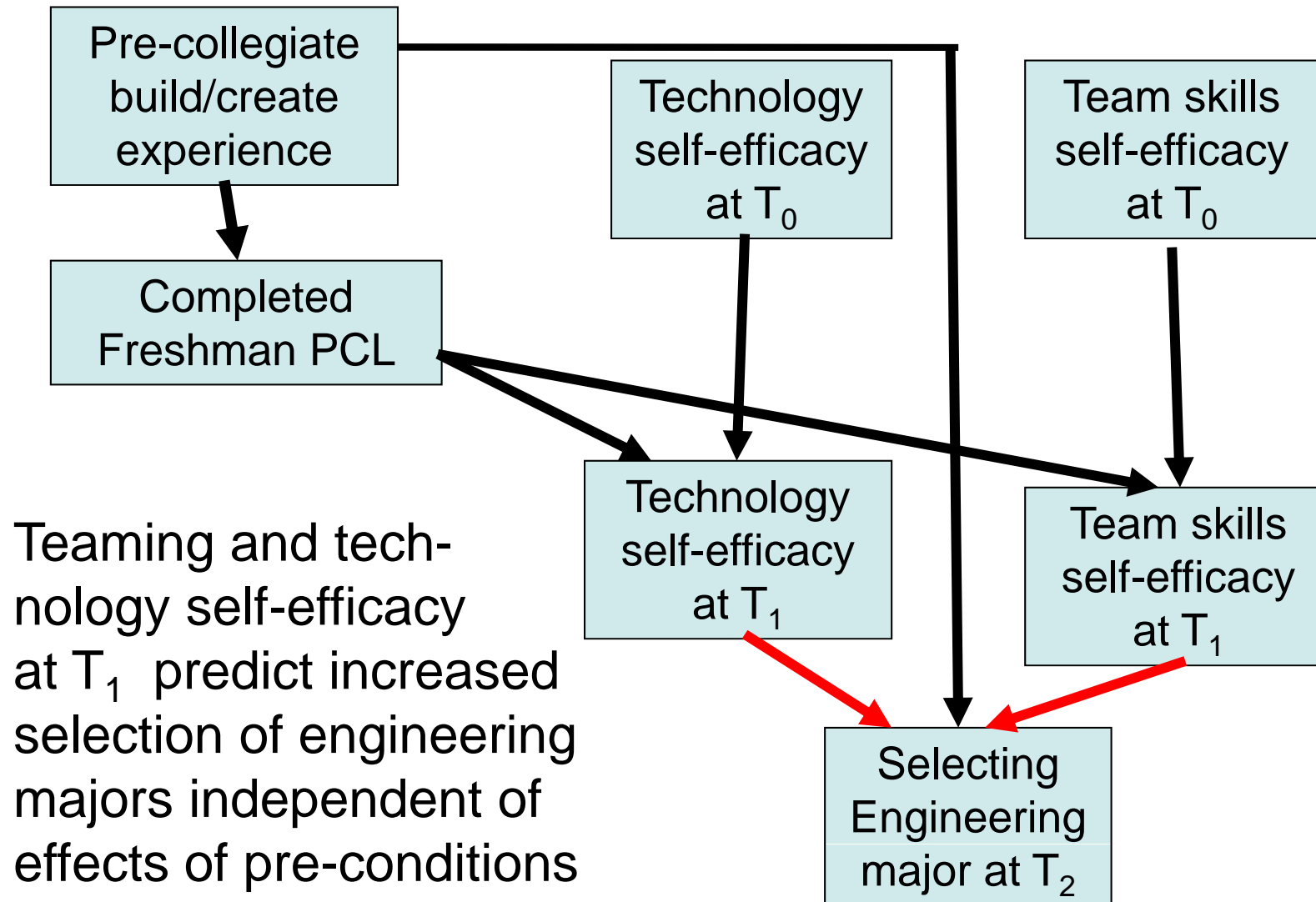
Selecting
engineering major
Fall 2008 (T₂)

Evaluating Project-Based Learning at MIT



Freshmen in MIT PCL courses show increases in self-efficacy independent of prior self-efficacy levels in August 2007

Evaluating Project-Centered Learning at MIT



Current Status

- In Fall 2009, over 50% of the MIT faculty voted to require some form of practice for all MIT undergraduates.
- But it takes 60% to establish a requirement.
- There is widespread support for Project-Based Learning in the School of Engineering, and freshman are offered elective courses by most engineering departments.
- The percent of MIT students taking engineering as a percent of all undergraduates is increasing.
- We are working hard to find additional financial support for or new ways of working to deal with the added costs of project-based learning.
 - E.g., using undergraduate assistants instead of graduate student Teaching Assistants